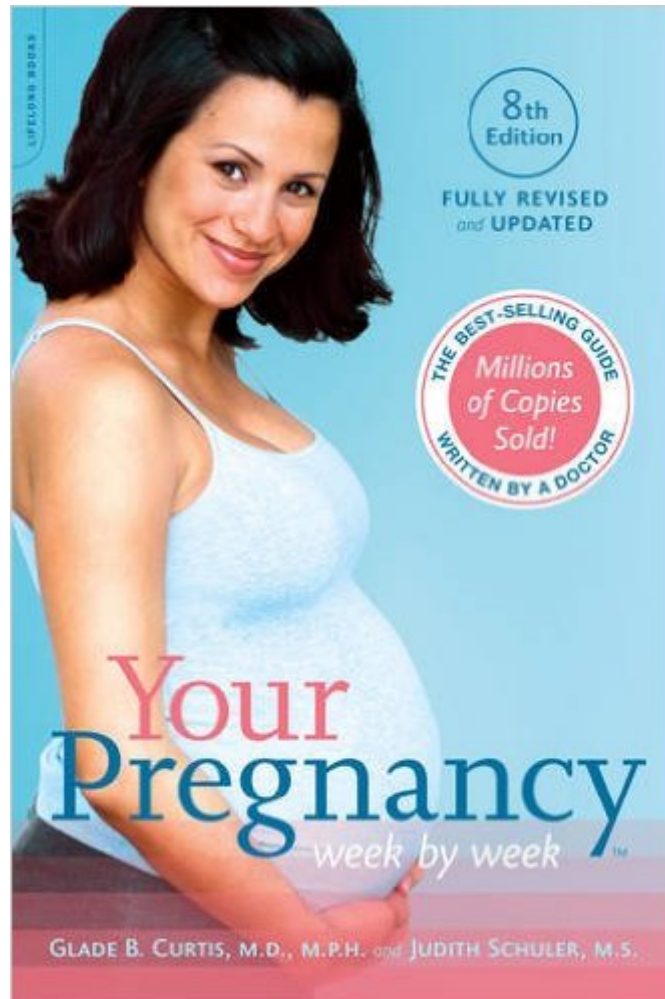


The book was found

Your Pregnancy Week By Week, 8th Edition (Your Pregnancy Series)



Synopsis

In print for twenty-five years, *Your Pregnancy Week by Week* has sold millions of copies worldwide as an established go-to resource. The book's trademark week-by-week formula helps expectant parents easily and effortlessly compare the details of their pregnancy with the same weekly schedule their doctor uses. In this completely revised edition, parents-to-be will find the latest information on preparing for their baby's birth while addressing today's most pressing questions and concerns. Compassionate, reassuring, and medically grounded, this guide provides everything expectant parents need for a healthy, happy pregnancy, including weekly development charts, up-to-date information about medical tests and procedures, safe exercises for expectant moms, and helpful hints for the father-to-be. Now with a completely new design and updated illustrations.

Book Information

Series: Your Pregnancy Series

Paperback: 480 pages

Publisher: Da Capo Lifelong Books; 8th ed. edition (May 24, 2016)

Language: English

ISBN-10: 0738218936

ISBN-13: 978-0738218939

Product Dimensions: 6 x 1.1 x 9.2 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #18,903 in Books (See Top 100 in Books) #60 in [Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth](#) #70 in [Books > Parenting & Relationships > Family Relationships > Motherhood](#) #70 in [Books > Health, Fitness & Dieting > Women's Health > General](#)

Customer Reviews

I have a whole collection of pregnancy-related books, and if I had to choose only one to read, this is the one I would recommend. Curtis and Schuler describe how you and your baby are developing each week in a way that is easy for anyone to understand, yet, it is very complete and science-based. This book includes nutrition and exercise recommendations and addresses many common pregnancy concerns. I referenced this book constantly during my first pregnancy

This is the only book I tell my friends to read. Much better than other options- doesn't scare you

when you read what could possibly happen to your body, your baby, your life in general. Helpful for sure!!

Best pregnancy book out there! Week by week you can watch the changes taking place with your baby. My 1st recommendation whenever someone tells me they are pregnant.

Worst book ever. Not a good way to enjoy your pregnancy. If you want to read all about what can go wrong with your pregnancy, read this and obsess. Terrible information.

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